

21 DAYS OF CONSECRATION

REPENT

RETURN

RENEW

SEPTEMBER 13 - OCTOBER 3

PRAYER + CONSECRATION GUIDE



THE INVITATION

REPENT | RETURN | RENEW

For 21 days, we are setting aside distractions to seek God with greater attention and surrender.

We will practice silence, solitude, Sabbath, simplicity, and slowing down as we REPENT, RETURN, and ask God to RENEW us.

SILENCE & SOLITUDE: Step away from noise and distraction. Be alone and quiet with God.

SABBATH: Stop. Rest. Worship. Delight in God.

SIMPLICITY: Choose less. Practice gratitude, contentment, and generosity.

SLOWING DOWN: Refuse hurry. Put technology in its proper place. Give God your attention.

Less noise. More attention to God.

Book Recommendations

Digital Minimalism – Cal Newport

The Deeply Formed Life – Rich Villados

Practicing the Way – John Mark Comer

The Power of Change – Craig Groeschel

A Long Obedience – Eugene Peterson

God, Technology & the Christian Life – Tony Reinke

Sacred Echo – Margaret Feinberg

Steps – John Ortberg

Emotionally Healthy Discipleship – Pete Scazzero

GATHERING TOGETHER

21 DAYS SCHEDULE

SUN, SEPT 13	21 Days of Consecration Kickoff
MON, SEPT 14 - 6:00 PM	Church Prayer
TUE, SEPT 15 - 10:00 AM	Prayer
WED, SEPT 16 - 6:00 PM	Prayer Room Open
THU, SEPT 17	Family Prayer @ Home
FRI, SEPT 18 - 6AM-6PM	Prayer Room Open
SUN, SEPT 20	Freedom Sunday Prayer Room Open
TUE, SEPT 22 - 10:00 AM	Prayer
WED, SEPT 23 - 6:00 PM	Prayer Room Open
THU, SEPT 24	Family Prayer @ Home
FRI, SEPT 25 - 6AM-6PM	Prayer Room Open
SAT, SEPT 26 - 10AM-12PM	Marriage Enrichment (Prayer Room Open)
SUN, SEPT 27	Prayer Room Open
TUE, SEPT 29 - 10:00 AM	Prayer
WED, SEPT 30 - 6:00 PM	Prayer Room Open
THU, OCT 1	Family Prayer @ Home
FRI, OCT 2 - 6:00 AM-6:00 PM	Prayer Room Open
SUN, OCT 4	Communion Sunday

WEEK 1 - REPENT

Search me. Cleanse me. Consecrate me. | Psalm 139:23

DAY 1 - SEARCH MY HEART

SCRIPTURE: Psalm 139:23-24

PRAY: Ask God to reveal attitudes, motives, desires, habits, and hidden areas that need to change.

PRACTICE: Spend 10 minutes in silence. Begin with one prayer: "Search me."

DAY 2 - A HEART OF REPENTANCE

SCRIPTURE: Psalm 51:10

PRAY: Turn from anything pulling your heart away from God.

PRACTICE: Name what God reveals. Confess it specifically and surrender it.

DAY 3 - CONSECRATE ME

SCRIPTURE: Romans 12:1

PRAY: Surrender your plans, time, relationships, resources, and future to God.

PRACTICE: Pray with open hands: "This belongs to You."

DAY 4 - REMOVE EVERY WEIGHT

SCRIPTURE: Hebrews 12:1-2

PRAY: Ask God what distractions, habits, or priorities are hindering you.

PRACTICE: Step away from one source of digital noise and use that time to pray.

WEEK 1 - REPENT

Search me. Cleanse me. Consecrate me.

DAY 5 - SLOW DOWN

SCRIPTURE: Psalm 46:10

PRAY: Repent of hurry and the need to constantly move, respond, check, and accomplish.

PRACTICE: Do not begin your day with your phone. Spend your first intentional moments with God.

DAY 6 - WALK IN THE LIGHT

SCRIPTURE: James 5:16

PRAY: Ask God for honesty. Surrender pride, hiding, pretending, and isolation.

PRACTICE: Have one honest conversation with someone you trust. Practice being known.

DAY 7 - BE STILL

SCRIPTURE: Mark 6:31

PRAY: Receive Jesus' invitation to come away and rest.

PRACTICE: Practice Sabbath. Set aside meaningful time to stop working, worship, rest, and delight in God.

WEEK 2 - RETURN

Draw me back to what matters. | Malachi 3:7

DAY 8 - RETURN TO YOUR FIRST LOVE

SCRIPTURE: Revelation 2:4-5

PRAY: Return to Jesus Himself - not merely activity, ministry, or responsibility.

PRACTICE: Remember what first awakened your love for Jesus. Turn those memories into thanksgiving.

DAY 9 - RETURN TO HIS PRESENCE

SCRIPTURE: Psalm 27:4

PRAY: Ask God to restore your desire simply to be with Him.

PRACTICE: Spend at least 20 minutes alone with God. No media.

DAY 10 - RETURN TO HIS WORD

SCRIPTURE: Psalm 119:105

PRAY: Ask God to restore your love for Scripture and obedience to His Word.

PRACTICE: Scripture before screens. Read slowly and ask what God is showing you and what you should obey.

DAY 11 - RETURN TO PRAYER

SCRIPTURE: Jeremiah 33:3

PRAY: Rebuild the altar of prayer personally and in your home.

PRACTICE: Create a period without television, music, podcasts, or social media. Let quiet become an invitation to prayer.

WEEK 2 - RETURN

Draw me back to what matters.

DAY 12 - RETURN TO SIMPLICITY

SCRIPTURE: Matthew 6:19-21

PRAY: Ask God to expose the constant desire for more.

PRACTICE: Choose less today. Do not buy something unnecessary; practice gratitude for what God has provided.

DAY 13 - RETURN TO SERVING

SCRIPTURE: Galatians 5:13

PRAY: Ask God to restore the joy of serving and deliver us from entitlement.

PRACTICE: Serve someone quietly today without needing recognition, credit, or thanks.

DAY 14 - RETURN TO GENEROSITY

SCRIPTURE: 2 Corinthians 9:7

PRAY: Ask God to renew your love of giving - your resources, time, and yourself.

PRACTICE: Give something intentionally today. Give with joy and without drawing attention to yourself.

WEEK 3 - RENEW

Restore what has been broken. Make all things new.

DAY 15 - RENEW MY MIND

SCRIPTURE: Romans 12:2

PRAY: Ask God to renew your thinking, attitudes, desires, perspectives, and priorities.

PRACTICE: Guard your attention. Choose intentionally what you watch, read, listen to, and scroll through.

DAY 16 - RENEW OUR FAMILIES

SCRIPTURE: Malachi 4:6

PRAY: Pray for marriages, children, prodigals, reconciliation, and strong spiritual homes.

PRACTICE: Put the phone away during a meal or family time. Give the people in front of you your attention.

DAY 17 - RESTORE BROKEN RELATIONSHIPS

SCRIPTURE: Colossians 3:13-14

PRAY: Ask God to heal offense, bitterness, division, wounds, and damaged relationships.

PRACTICE: Take one appropriate step toward reconciliation.

DAY 18 - RESTORE HEALTH & STRENGTH

SCRIPTURE: Jeremiah 17:14

PRAY: Pray for healing, strength, and grace for those who are sick, hurting, grieving, or exhausted.

PRACTICE: Rest. Receive your limitations as a reminder that God is God and you are not.

WEEK 3 - RENEW

Restore what has been broken. Make all things new.

DAY 19 - RESTORE & PROVIDE

SCRIPTURE: Philippians 4:19

PRAY: Pray for provision, employment, wise stewardship, and freedom from financial fear.

PRACTICE: Practice simplicity and gratitude. Ask: "What is enough?"

DAY 20 - RENEW OUR COMMUNITY

SCRIPTURE: Jeremiah 29:7

PRAY: Pray for our schools, leaders, businesses, families, neighbors, and those who need Jesus.

PRACTICE: Notice people and places around you & pray for them.

DAY 21 - RENEW OUR CHURCH

SCRIPTURE: Habakkuk 3:2

PRAY: Pray for revival, unity, spiritual hunger, salvation, the Holy Ghost, discipleship, and strengthened ministry.

PRACTICE: Turn everything off. Sit quietly before God and pray: "Lord, continue what You began in us."

FASTING DURING THE 21 DAYS

During these 21 Days of Consecration, we are asking everyone who is physically and medically able to prayerfully choose one day each week to fast.

Fasting is voluntarily going without food for a time to give focused attention to God. It is an act of humility, dependence, prayer, and consecration.

SEEK GOD, NOT ATTENTION - Matthew 6:16-18

Fast for God, not for recognition.

CONNECT FASTING WITH PRAYER – Mark 9:29

When you would normally eat, pray.

FAST WITH REPENTANCE - Joel 2:12-13

Let fasting turn your heart back to God.

LET FASTING CHANGE HOW YOU LIVE - Isaiah 58:6-7

Let fasting deepen compassion, generosity, and obedience.

REMEMBER WHAT SUSTAINS YOU - Matthew 4:4

Let hunger remind you that you need God and His Word.

CREATING SPACE FOR GOD

Technology is a helpful tool, but constant connection can leave little room for silence, reflection, and presence. During these 21 days, consider intentionally creating more space for God.

GIVE GOD YOUR FIRST ATTENTION

Before reaching for your phone in the morning, spend a few moments in Scripture and prayer. Let God's voice help shape your day. *Psalms 5:3*

REDISCOVER SILENCE

Not every quiet moment needs to be filled. Turn off the noise and pay closer attention to God's presence. *Psalms 46:10*

REPLACE SCROLLING WITH SCRIPTURE

Take some of the time you normally spend scrolling and give it to God's Word. Even 10–15 intentional minutes can create a new rhythm.

BE FULLY PRESENT

Put the phone away during meals, conversations, prayer, and family time. Give the people in front of you your full attention.

LET YOUR PHONE REST TOO

Consider putting your phone away before bedtime and keeping it put away until after your morning time with God.

CREATE A DIGITAL SABBATH

Set aside a few hours to turn off unnecessary technology. Use that space for God, family, worship, rest, conversation, or simply being still. *Mark 6:31*

DON'T JUST DISCONNECT. RECONNECT...TO GOD!

PERSONAL RESPONSE

What is God doing in me?

REPENT

What is God asking me to turn from or surrender?

RETURN

Where is God calling me back to Him?

RENEW

What does God want to restore or make new in me?

“Lord, what You have begun in us, continue through us.”